ASTIGMATISM

What is Astigmatism?

It simply means that your eye is shaped more like a

football than a soccer ball. In the astigmatic eye,

the cornea is oval, like an egg, preventing light

from correctly focusing on the retina.In the

normal eye, the cornea is round, like a soccer ball,

allowing light rays to focus evenly on the retina at

the back of the eye.

How does it affect my sight?

Astigmatism stretches or distorts what you see in

one direction, depending on the position of your

foot ball.

How is it corrected?

Glasses or contacts lenses can fix this problem.

If left uncorrected, it can cause amblyopia in

children (LAZY EYES) which means they do not

correct to 20/20. Patching is then needed to

strengthen the eyes. In adults, it causes eye strain,

head aches and night vision problems.

ALL FAMILY MEMBERS SHOULD BE

TESTED FOR IT.

Amblyopia, commonly called lazy eye, is a

condition in children when vision does not develop

properly in one or both eyes. If it’s left untreated, a

child's vision will never develop correctly . Vision

impairment becomes permanent because as the

child’s brain matures, it will "ignore" the image

coming from the poorly seeing eye. That’s why it’s

essential to have a child with amblyopia regularly

tested by an eye doctor.

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